

Checking Your Benefits

New Weight Reduction Clinic patients: Check your insurance benefits to ensure your insurance covers weight reduction medications and/or counseling also referred to as “obesity management” or “medications to treat obesity”

It is highly recommended that you reconfirm your coverage when your policy is renewed annually.

Call the member services number on the back of your card or call your HR representative/benefits coordinator and ask the following:

1. What medications for treating obesity are covered and do they require prior authorization? **Ask specifically what name brands are covered for the diagnosis of obesity without diabetes, unless you have been previously diagnosed. Insurance companies have often said to our patients that a medication is covered with prior authorization, however they do not specify that it is only for those with diabetes. To avoid this confusion, ask what diagnosis that medication is covered for and ensure it is for obesity.**
2. Does my plan cover weight reduction or obesity counseling: e.g. CPT Codes E66.X or what CPT codes are covered for obesity counseling/weight management?
3. Is there a maximum of visits allowed for a weight reduction clinic?
4. Are telehealth appointments (virtual session) covered for obesity counseling?
5. Does my insurance cover nutritionist/dietician visits and how many appointments are allowed?
6. Are there any diagnosis code exclusions?
7. If you don't have coverage, then we may be able to find other ways to make sure your visits are covered if you have certain other medical conditions related to obesity. We also have payment options for patients who are Self-Pay. (Please see Self-Pay sheet for more information)